

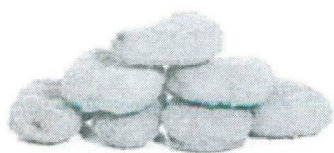
Reduce Salt

Sodium (or salt) can lead to heart problems. Add less salt and serve foods low in sodium for your customers.

Unhealthy Choice



Salt

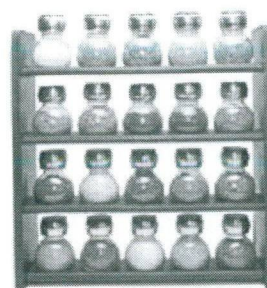


Pre-packaged meat



Store-bought broth

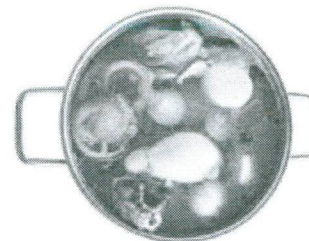
Best Choice



Herbs & spices



Fresh, skinless meat



Home-made broth made without salt